



POLSKI
ZWIĄZEK
MOTOROWY



GDANSK, POLAND | 5-6 OCTOBER 2019

MOTOCROSS OF EUROPEAN NATIONS /WOMEN'S MOTOCROSS OF EUROPEAN NATIONS

FRIDAY 04.10.2019

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|---------------------------------------|---------------|
| Technical Control | 10:00 - 18:00 |
| Circuit Control | 15:00 |
| Meeting with the Organizer | 17:00 |
| Second Circuit Control (if necessary) | 18:00 |
| Ceremony | 18:00 |

SATURDAY 05.10.2019

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| Meetings of Race Direction and Ballot | 08:30 |
| Riders, Briefing | 09:30 |
| Free practice EMX125/EMX250 | |
| Start practice EMX 125/EMX250 | immediately after the Free Practice-5 min 10:00 - 10:30 |
| Free practice EMX85 | |
| Start practice EMX85 | immediately after the Free Practice-5 min 11:00 - 11:30 |
| Free practice WMX | (max.20 Teams/40 riders) immediately |
| Start practice WMX | after the Free Practice-5 min 12:00 -12:30 |
| Session with on board camera | 12:45 - 13:00 |

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| Qualifying Heat EMX125/EMX250 | (motorcycles in waiting zone- sighting lap) | 14:20 |
| Qualifying Heat EMX125/EMX250 | (20 min + 2 laps) | 14:30 |

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|-----------------------|--|-------|
| Qualifying Heat EMX85 | (motorcycles in waiting zone- sighting lap) | 15:20 |
| Qualifying Heat EMX85 | (15 min + 2 laps) | 15:30 |

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|---------------------|--|-------|
| Qualifying Heat WMX | (motorcycles in waiting zone- sighting lap) | 16:20 |
| Qualifying Heat WMX | (15 min + 2 laps) | 16:30 |

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| Second session with on board camera | (if necessary) | 17:00 - 17:20 |
| Second Meeting of Race Direction | | 17:15 |